



Lt. William C. West Jr. ALS Memorial Road Race

SUNDAY, SEPTEMBER 26, 2010

5K Road Race & Walk – 11 AM
Kids Mini-Fun Run - 10 AM
Children 10 and under

Billerica Irish American Club
616 Middlesex Tpke.
Billerica, MA 01821

***All Registered Runners & Walkers
Receive a Free T-Shirt!**

*Anyone that registers after 09/03/2010, can not be guaranteed a T-Shirt, as they will be available only as quantities permit (and may not be available for people registering after that date). So be sure to Register early!!

FEES (Walk or Run)

- Pre-Registration \$15
- Seniors (65+) \$10
- Kids Run \$5
- Race Day Registration \$20

For more information contact
Dale Sarno or William West at 978-667-1212,
or to download registration form
visit www.billericapal.org

Kids Run Awards

All Kids Fun Run participants
will be awarded Race t-shirts

Road Race Awards

Awards will be given
to top male and female
runners in each division.

BBQ & Family Entertainment After the Road Race



*All proceeds will be used to benefit ALS as well as Scholarships
to be awarded in memory of Lt. William C. West Jr.*

Lt. William C. West Jr. ALS Memorial Road Race



Application Form

5K Road Race, 5K Walk, Kids Mini-Fun Run
Sunday September 26th, 2010



Participant's Name: _____ Age on Race Day: _____

Address: _____
Street City State Zip Code

Phone: _____ E-Mail: _____

Gender: M or F Event: 5K Road Race / or 5K Walk / or Kids Fun Run Shirt: S M LG XL XXL
Circle one Circle One Circle One

Entry Fee: 5K Road Race (and 5K Walk) = \$20, (Preregistration = \$15) _____ Seniors (65+) = \$10 _____
Kids Fun Run = \$5 _____

Time: Kids Fun Run will start at **10:00 AM** and the Road Race and Walk will start at **11:00 AM**

Place: Billerica Irish American Club, 616 Middlesex Turnpike, Billerica, Massachusetts

Distance: 5K Road Race, or 5K Walk, or KIDS Mini-Fun Run

Course: Starting Rally Point is the Billerica Irish American Club. The racing (and walking) tour route will take runners & walkers through the picturesque Nutting's Lake area and eventually finish at the Billerica Irish American Club.

Awards: First Place Runners will receive trophies. All 5K Road Race (and 5K Walk) participants, as well as all KIDS Fun-Run Race participants will be awarded free Race T-shirts*. **NOTE: Anyone that registers after 09/03/2010, can not be guaranteed a T-Shirt, as they will be available only as quantities permit (and may not be available for people registering after that date). So be sure to register early!!* Mail in Registrations Form and payment by no later than 09/20/10, or bring them with you to the race.

Award Categories: Youth (Under 17) _____, Open (18-49) _____, Senior (50-64) _____, Master (65+) _____

Entertainment: TBA

Food: Family Barbeque for all race and walk participants!

Contact: Officer Dale Sarno or William West (978-667-1212 or fax 978-670-2762)

Make checks payable to: "William West Jr. Road Race"

Mail checks and Entry Forms to: **William West Jr. Road Race c/o Billerica PAL
PO Box 21
Billerica, Massachusetts 01821**

Disclaimer: I know that running is potentially hazardous and assume all risks associated with running in the William C West Jr. ALS Memorial Road Race. I waive and release the Race Sponsors, volunteers, their representatives and/or successors from all claims or liabilities of any kind arising from my participation in this event, even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. I attest that I am physically fit and trained for the said event and competition.

Runner's / Walker's Signature (Parent's Signature under 18)

Date